

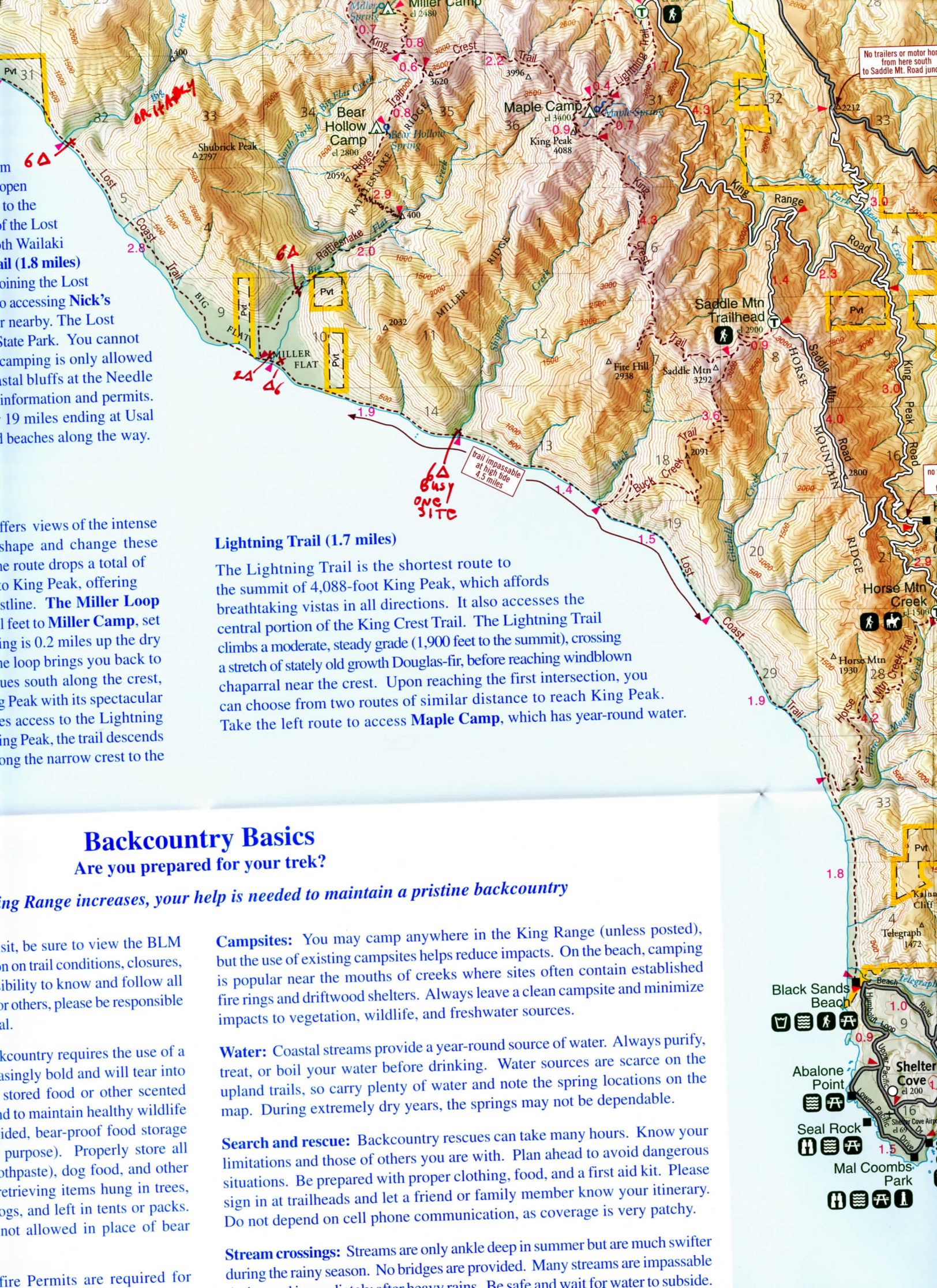


Backcountry Trails From Summit to Sea

When the highways give up, the trails take over in the King Range. Over miles of trails span from the beach to the highest peaks and from old-growth forests to windswept prairies. Some routes are very steep and rugged; allow plenty of time for trail and beach hiking, as miles in the King Range do not come easy. Several connector trails allow loop hikes in the King Crest and beach. The BLM maintains the King Range National Conservation Area as a wilderness setting, so expect no facilities and only minimal

Lost Coast Trail - South Segment (5.9 miles)

This route climbs 1,500 feet and drops 2,700 feet to Needle Rock in Sinkyone Wilderness State Park. From the Hidden Valley Trailhead, the route crosses grassy open meadows before climbing through a Douglas-fir forest to the top of Chemise Mountain (2,598 feet). This portion of the Lost Coast Trail is marked with a red '6Δ' and a red arrow pointing towards the trailhead.



open
to the
of the Lost
with Wailaki
Trail (1.8 miles)
Joining the Lost
to accessing Nick's
r nearby. The Lost
State Park. You cannot
camping is only allowed
at bluffs at the Needle
information and permits.
19 miles ending at Usal
beaches along the way.

offers views of the intense
shape and change these
the route drops a total of
to King Peak, offering
astline. **The Miller Loop**
1 feet to **Miller Camp**, set
ing is 0.2 miles up the dry
the loop brings you back to
ues south along the crest,
g Peak with its spectacular
es access to the Lightning
ing Peak, the trail descends
ng the narrow crest to the

Lightning Trail (1.7 miles)

The Lightning Trail is the shortest route to the summit of 4,088-foot King Peak, which affords breathtaking vistas in all directions. It also accesses the central portion of the King Crest Trail. The Lightning Trail climbs a moderate, steady grade (1,900 feet to the summit), crossing a stretch of stately old growth Douglas-fir, before reaching windblown chaparral near the crest. Upon reaching the first intersection, you can choose from two routes of similar distance to reach King Peak. Take the left route to access **Maple Camp**, which has year-round water.

Backcountry Basics

Are you prepared for your trek?

King Range increases, your help is needed to maintain a pristine backcountry

visit, be sure to view the BLM
on trail conditions, closures,
ibility to know and follow all
or others, please be responsible
al.

backcountry requires the use of a
asingly bold and will tear into
stored food or other scented
d to maintain healthy wildlife
ided, bear-proof food storage
purpose). Properly store all
othpaste), dog food, and other
retrieving items hung in trees,
ogs, and left in tents or packs.
not allowed in place of bear

Campsites: You may camp anywhere in the King Range (unless posted), but the use of existing campsites helps reduce impacts. On the beach, camping is popular near the mouths of creeks where sites often contain established fire rings and driftwood shelters. Always leave a clean campsite and minimize impacts to vegetation, wildlife, and freshwater sources.

Water: Coastal streams provide a year-round source of water. Always purify, treat, or boil your water before drinking. Water sources are scarce on the upland trails, so carry plenty of water and note the spring locations on the map. During extremely dry years, the springs may not be dependable.

Search and rescue: Backcountry rescues can take many hours. Know your limitations and those of others you are with. Plan ahead to avoid dangerous situations. Be prepared with proper clothing, food, and a first aid kit. Please sign in at trailheads and let a friend or family member know your itinerary. Do not depend on cell phone communication, as coverage is very patchy.

Stream crossings: Streams are only ankle deep in summer but are much swifter during the rainy season. No bridges are provided. Many streams are impassable after heavy rains. Be safe and wait for water to subside.

No trailers or motor ho
from here south
to Saddle Mt. Road jun

trail impassable
at high tide
4.5 miles

6A
Busy
ONE SITE

